

Catholic Parishes of Aberystwyth and Lampeter

Plwyfi Catholig Aberystwyth a Llanbedr Pont Steffan

Welsh Martyrs, Aberystwyth
Cae Dan Yr Haidd, Penparcau,
Aberystwyth, SY23 1ST
///habbits.otters.organist

Holy Cross, Aberaeron
Victoria Street, Aberaeron,
SA46 0DA
///kept.stays.sleepers

Our Lady of Mt Carmel, Lampeter
Pontfaen Road, Lampeter,
SA48 7BS
///eternity.brew.cried

Parish Priest | Offeiriad Plwyf Fr Liam Bradley vF liam.bradley@menevia.org

Curate | Curad Fr Malachy Orjiebebe malachy.orjiebebe@rcadc.org

Parish Office | Swyddfa Plwyf 01970 617159. aberystwyth@menevia.org lampeter@menevia.org

Safeguarding Representative | Cynrychiolydd Diogelu Tess Truss 07792 001608 tesstruss@gmail.com

Online | Ar-lein. www.parishofaberystwyth.org.uk www.catholicchurchlampeter.org

15 th March 2026: Week 4 of Lent, Year A.		Weekdays of Year II, Psalter Week IV.	
Date	Welsh Martyrs Merthyron Cymru	Holy Cross Groes Sanctaidd	Our Lady of Mount Carmel Ein Harglwyddes o Fynydd Carmel
Sun 15th March 4 th Sunday of Lent Lætare Sunday – Mothering Sunday	Sunday 8:30am Holy Defeat of abortion amendment. 10:30am Holy Mass Pro populo	9:00am Holy Mass World Peace	11:00am Holy Mass Pro populo
Mon 16th March			
Tue 17th March St Patrick – Feast	10:00am Holy Mass Joseph Sheridan RIP		6:00pm Reconciliation 6:30pm Stations of the Cross 7:00pm Holy Mass Tim Lehane RIP
Wed 18th March	9:00am Adoration 10:00am Holy Mass Nikholay Mikhael Fotwarski RIP	6:00pm Holy Mass Peace in the middle east & aversion of war.	
Thur 19th March St Joseph - Solemnity	UNIVERSITY CAMPUS – CAMPWS Y BRIFYSGOL 6:15pm Reconciliation 7:00pm Holy Mass Victims of War in the Middle East		10:00am Holy Mass No Intention
Fri 20th March	5:00pm Reconciliation 5:30pm Stations of the Cross 6:00pm Holy Mass Fr Malachy Orjiebebe	9:00am Reconciliation 9:30am Stations of the Cross 10:00am Holy Mass Mary Bradley RIP	
Sat 21st March	9:30am Adoration 10:30am Holy Mass No Intention		
Sun 22nd March 5 th Sunday of Lent (Passion tide begins)	5:00pm-5:45pm Sacrament of Reconciliation before Vigil Mass Saturday 6:00pm Vigil Mass No Intention ----- Sunday 8:30am Holy Pro populo 10:30am Holy Mass Thresiamma Xavier	9:00am Holy Mass Aiden Truss	11:00am Holy Mass Pro populo
Sunday Collections - Casgliad y Sul. <i>Thank you for your generosity - Diolch am eich haelioni.</i> 8 th March , £517.99 (Aberystwyth & Aberaeron) 8 th March , £147.20 (Lampeter - Llambedr Pont Steffan) Archdiocese of Cardiff-Menevia CIO N° 117722			

Funerals Please pray for the repose of the soul of Carol Green who's funeral Mass will take place on Friday 20th March at Our Lady of Mount Carmel, Lampeter, at 12:30pm. This will be followed by internment at St John's Church, Ysbyty Ystwyth.

Chrism Mass The holy oils used throughout the church's year will be blest, and the priests of the diocese will renew their ordination promises at the Chrism Mass. This takes place at St David's Cathedral on Tuesday 31st March at 11:00am (Address: Charles Street, Cardiff, CF102SF ///fork.cliff.desks).

Altar Servers Easter Preparation In order to prepare for the Sacred Triduum, please could all altar servers who want to serve come to a preparation session on Wednesday of Holy Week, 1st April at 11:00am.

Welsh National Pilgrimage to Lourdes The diocese is organising the annual pilgrimage to Lourdes, led by our Archbishop, which will run from 20th to 24th July 2026. Travel will be flights from Bristol to Toulouse, with transfers provided, and with full board accommodation in the 4* Hotel Roissy. If you would like more information, please email

welshnationalpilgrimage@gmail.com or to make a booking and to learn more details see www.tangney-tours.com/tours-and-pilgrimages/diocese-welsh/ The pilgrimage is £830 on a shared basis, with a single person supplement of £140.

Rosary Group There is a group in the parish which meets both personally and digitally to pray the Rosary together. Anyone and everyone is welcome to join them. The group gathers on WhatsApp at 8:00pm every Friday, and face-to-face once a month on the first Sunday at 6:00pm. If you would like to take part in this prayer group please message Gina on 07790537673 and she will add you to the WhatsApp group, or simply turn up on the first Sunday for the prayers and refreshments.

Residential Work Experience CAFOD and the St Vincent de Paul Society (SVP England & Wales) are working together to offer residential work experience for 20 young adults. Anyone who cares about people living in poverty, and wants to know how to make a difference in their community and overseas are invited to apply. The experience will particularly appeal to those interested in future careers in education, politics, communications, or charity work. Key Information: When? Sunday 21st - Friday 26th June 2026. Who? 18-25 year olds, those who are in their first or second year at University, will get priority. Where? Romero House, Waterloo, London SE1 7JB. Cost? Free. The closing date for applications is the 6th April. You will be staying with the Augustinian Sisters, Servants of Jesus and Mary at St Monica House, 83, Clapham Road, SW9 0HY. Please note that rooms and bathrooms will be shared and due to limited space single rooms are not available. The week will start with Mass on the Sunday afternoon and include time for sight-seeing in London, socialising and praying together. If you have any queries, please contact Kezia Harrow on KeziaH@svp.org.uk or text/call 07917923605.

St Padarn's School Governors The local and day-to-day governance of schools is undertaken by the headteacher, who is accountable to a board of governors. The governing body acts as the employer and supports the headteacher and school staff to deliver the best possible levels of education to our children. In Catholic Schools a majority of governors are called 'Foundation Governors' in as much that they are appointed by the bishop to maintain the foundation principles, that is, the ethos of faith within the school. Would you have the time to support our school as a Foundation Governor? There is support and training given, and the role would suit someone who works flexible hours or has recently retired. Governors' meetings take place in the early evenings and there are occasions when governors are asked to support the school during the working day. If you are able to support our school please speak to Fr Liam, or Mrs Enid Brophy, the headteacher, on 01970 630632.

Senedd Election – 7th May On 7th May 2026, Wales goes to the polls for a Senedd election that brings significant changes. After the election, the Senedd will have 96 Members instead of 60. There is a new voting system and eligible people aged 16+ will have one vote, choosing a political party or independent candidate. Wales will be divided into 16 constituencies and each constituency will elect six members. Caritas Cardiff-Menevia has produced a guide – The Senedd Election 2026: Every Vote Counts – to help explain the new electoral system, who can vote, and how to make an informed choice. Archbishop Mark writes in his foreword to the guide: "Participation in public life is a right and a duty." He reminds us that while no political party will perfectly reflect Catholic teaching, Gospel values can guide us in asking the right questions of those who seek to represent us - questions about the common good, human dignity, and the kind of society we want to build together. The guide can be found on the diocesan website, <https://rcadc.org/wp-content/uploads/2026/03/Caritas-The-Senedd-election-2026v3.pdf>

Mary's Meals Fundraiser. Jacky Seymour will be running from Ponterwyd to Nant Y Moch Reservoir on Sunday 22nd March to raise money for Mary's Meals. If you would like to sponsor her please visit their website www.marysmeals.org, click 'fundraise', then 'find a project' and tap in my name.

Mothering Sunday (today) is the day on which people used to return to their 'mother church' i.e. the church of their Baptism. The visit home coincided with Lætare Sunday because this was a less austere day in Lent and it made sense to go home and visit the family when there could be more frivolity. Of course, for those whose mothers will still be living, it meant seeing mum too. Happy Mothering Sunday to all who were baptised in our parish (and many blessings too if you're also a mother!)

Donations If you'd like to donate to the mission of Aberystwyth parish, you can use this QR code. Many thanks for your generosity.



Food Bank Collection points are in each church porch. Recent needs include:

Aberystwyth: grateful for whatever you can give,
Aberaeron: grateful for whatever you can give,
Lampeter: grateful for whatever you can give.
Diolch yn fawr iawn – thank you very much!